

REDUCTION OR CESSATION OF ALCOHOLIC BEVERAGE CONSUMPTION

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This publication represents the views and expert opinions of an IARC Working Group on the Evaluation of Cancer-Preventive Interventions, which met in Lyon, 22–26 May 2023

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IARC HANDBOOKS OF
CANCER PREVENTION

NOTE TO THE READER

The *IARC Handbooks of Cancer Prevention* series was launched in 1995 to complement the *IARC Monographs*' evaluations of carcinogenic hazards. The *IARC Handbooks of Cancer Prevention* evaluate the published scientific evidence of cancer-preventive interventions.

Inclusion of an intervention in the *Handbooks* does not imply that it is cancer-preventive, only that the published data have been examined. Equally, the fact that an intervention has not yet been evaluated in a *Handbook* does not mean that it may not prevent cancer. Similarly, identification of organ sites with *sufficient evidence* or *limited evidence* that the intervention has a cancer-preventive activity in humans should not be viewed as precluding the possibility that an intervention may prevent cancer at other sites.

The evaluations of cancer-preventive interventions are made by international Working Groups of independent scientists and are qualitative in nature. No recommendation is given for regulation or legislation.

Anyone who is aware of published data that may alter the evaluation of cancer-preventive interventions is encouraged to make this information available to the *IARC Handbooks* programme, International Agency for Research on Cancer, 25 avenue Tony Garnier, CS 90627, 69366 Lyon CEDEX 07, France, or by email to ihb@iarc.who.int, in order that these data may be considered for re-evaluation by a future Working Group.

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